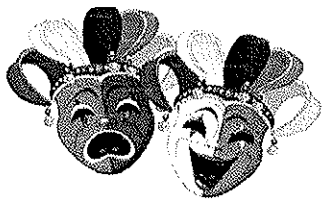


Mardi  
GRAS



# Berwick Housing Authority

## NEWSLETTER

# FEBRUARY 2017

Clarence Robinson, Jr., Executive Director

### Berwick Housing Authority

2751 Fifth Street  
Berwick, LA 70342

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[berwickhousing@petronet.net](mailto:berwickhousing@petronet.net)

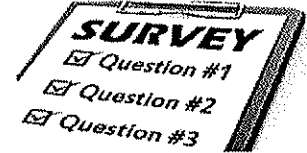
Visit our website:  
[Berwickhousingauthority.com](http://Berwickhousingauthority.com)

**SORRY WE'LL BE  
CLOSED!**

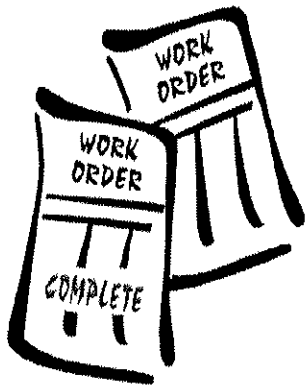
The office will be closed on **FEBRUARY 28<sup>TH</sup>** for Mardi Gras. If you have a maintenance emergency please call the office and listen to the message for the phone number to the maintenance guy on call.



Rent is due **February 10<sup>th</sup>** which is the 8<sup>th</sup> working day of the month. If you do not pay by the 10<sup>th</sup> a \$10 late fee will be applied. If you signed a contract, your rent is due February 15, 2016, but a late fee is still applied after the 10th. **The absolute last day to pay rent is February 20<sup>th</sup>.**



Please complete the resident survey about your experience with smoking and secondhand smoke that is with your rent statement. Your answers will be **ANONYMOUS**, so please be honest! Your input will be considered when making our smoke-free plan. Please bring your completed survey to the office or put it in the drop box.



When you call in a work order it gives maintenance permission to enter your unit to fix a problem. Work orders need to be completed in a timely manner especially if the problem is causing damage to the unit. If you are not home when maintenance arrives to complete the work order, they will enter your unit. A door tag will be left to notify you that maintenance entered your unit and completed the work order.



New England Patriots  
VS  
Atlanta Falcons  
February 5<sup>th</sup> @ 5:30 pm-FOX



Black History Month is a time when the contributions and achievements of black people are celebrated and studied in schools & libraries across the nation. In the United States it is sometimes referred to as African-American History Month. Black History Month is observed in February in the United States & Canada, and October in the United Kingdom. Each year there is a theme for the month.



### MARDI GRAS PARADE SCHEDULE

- Friday, Feb. 24<sup>th</sup> @ 7:00 pm- Krewe of Adonis (Morgan City)
- Saturday, Feb. 25<sup>th</sup> @ 2:00 pm- Krewe of Dionysus (Berwick)
- Sunday, Feb. 26<sup>th</sup> @ 2:00 pm-Krewe of Galatea (Morgan City)
- Monday, Feb. 27<sup>th</sup> @ 2:00 pm-Krewe of Armani (Patterson)
- Tuesday, Feb. 28<sup>th</sup> @ 2:00 pm-Krewe of Hephaestus (Morgan City)



February 2nd

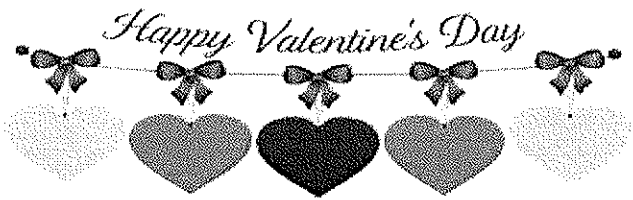
Groundhog Day is the day when people look to the groundhog to predict the weather for the next six weeks. Folklore says that if the sun is shining when the groundhog comes out of his burrow, then the groundhog will go back into its burrow & we will have winter for six more weeks. However, if it is cloudy, then spring will come early that year.



FEBRUARY 20, 2017

Washington's Birthday, also known as

President's Day, is a federal holiday held on the 3rd Monday of February. The day honors presidents of the United States, including George Washington, the USA's first president.



Valentine's Day, also called Saint Valentine's Day, is a holiday on February 14th celebrating love and friendship. Many people give cards called valentines to people that they care about and sometimes candy and flowers are exchanged too. But where did this tradition come from?

-The history of Valentine's Day is a bit mysterious! Back in the 3rd century there was a man named Valentine who was highly looked upon by religious people and was made a saint. However, there were also several other St. Valentine's in history, one of whom may have given a love letter to a young lady he was fond of, signed "From your Valentine." No one knows for sure!

-We do know that legend associates Saint Valentine with being a heroic and romantic person and the tradition of sending love notes comes from him. Some people say that Valentine's Day wasn't actually thought of as a romantic holiday until the 1800's when some poets connected romantic love and feelings with this special day. Either way, it's a good occasion to express care for one another.



February is American Heart Month. Your heart deserves a lot of love. Here are three lifestyle changes that could be your key to preventing a heart attack.

1. **Eliminate all tobacco products**—as soon as you stop smoking, your body begins to heal itself from the devastating effects from tobacco.
2. **Adhere to a heart-healthy diet**—maintaining a heart-healthy, balanced diet will help to manage stroke & heart attack risk factors, prevent or manage other chronic diseases, assist in losing weight & boosting energy, and promote overall good health.
3. **Follow an appropriate exercise program**—choose an activity that you enjoy doing, then talk with your physician about an exercise plan that meets your individual capabilities and needs. An exercise program will help in the management of almost all stroke and heart-attack risk factors.



We will be accepting applications on Thursday, February 2, 2017 from 8:15 am-11:00 am and 1:15 pm-3:00 pm for 2 & 3 bedroom units only.

### BORN IN FEBRUARY

Witty and intelligent. Outgoing person. Smart and attractive. Altruistic. Peace lover. Faithful towards your near and dear ones. Very sensitive. Honest to the core. Loves to spend money. Modest and humble. Creative mind. Dominating personality. Ambitious towards life. Never give up spirit. Good listener. Superstitious. Entertainment lover.

Cardiovascular Institute   
OF THE SOUTH

# COMMIT TO QUIT

## BE TOBACCO FREE

Get help now with:

- Physician Evaluations
- Supportive Services
- Medications (RX & over the counter)

You may qualify to receive these services FREE!

- Are you a Resident of Louisiana?
- Did you Smoke a Cigarette before September 1, 1988?

Call 1-877-288-0011 for more information



We are once again asking you to please keep your front and back porch's neat and clean.

Income Change?

- If you have a change of income, you must report it to the office within 10 days.
- If you lose your job, you must provide the office with some type of income to calculate your rent amount.