

JANUARY

HAPPY
New Year



Berwick Housing Authority

NEWSLETTER

JANUARY 2019

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YOUR RENT IS DUE

Rent is due **January 11th** which is the 8th working day of the month. If you do not pay by **January 11th** a \$10 late fee will be applied. If you signed a contract, your rent is due **January 15, 2018**, but a late fee is still applied after the **11th**. The **absolute last day to pay the rent is January 20th**.



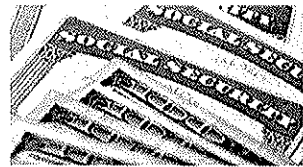
The office will be closed **January 1st for New Year's and January 21st for Martin Luther King, Jr. Day.** If you have a maintenance emergency, please call the office and listen to the answering machine for the phone number to the maintenance staff on call.



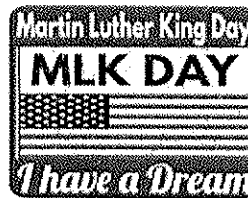
Berwick Housing Authority will be taking applications **January 10th and January 17th from 8:15 am-11:00 pm and 1:15 pm-3:00 pm.** You must have birth certificates and social security cards for all members of the household, picture ID for all members over age 18 and current proof of income.



Fire pits or fires of any kind are **NOT** allowed on Berwick Housing Authority property.



2019 Social Security and Social Security Income recipients will see a 2.8% increase in their benefits. **Please bring a copy of your 2019 award letter to the office when you receive it.**



MONDAY, JANUARY 21st
Born on January 15, 1929, Martin Luther King, Jr. grew to become one of the greatest Social Activists the world has ever known. At 35, he became the youngest person to win the Nobel Peace prize. He was assassinated on April 4, 1968 while making a speech from the balcony of his hotel room in Memphis, Tennessee. His birthday became a National holiday by an act of congress in 1983. Many consider it a day to serve your community.

Community Service

If you owe community service hours for 2018 you need to turn them into the office ASAP. If you owe community service hours when your annual recertification is due, your lease may not be renewed.

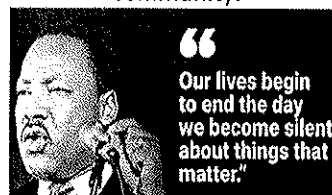
NATIONAL PIE DAY!



WEDNESDAY, JANUARY 23RD
National Pie Day is a special day that is set aside to bake and cook all of your favorite pies. On this day, you are also encouraged to bake a few new pie recipes. And most importantly, it's a day to eat pies! Nearly one out of five (19%) of Americans prefer apple pie, followed by pumpkin (13%), pecan (12%), banana cream (10%) and cherry (9%).

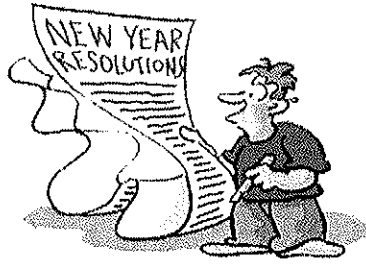


REMINDER: As per your lease, residents must park in designated parking areas. All motor vehicles must be properly licensed and tagged and in running condition with fully inflated tires. Vehicles that are not in running condition will be towed at resident's expense.



LOSE YOUR JOB

If you lose your job, you must provide the office with some type of income. This can be a notarized statement from a family or friend who will help you pay your bills until you find another job. We have to have an income amount in order to adjust your rent. This proof of income is needed before the 20th of the month in order to change your rent for the following month.



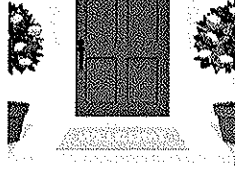
Here are some New Year Resolutions ideas for 2019 to get you started on self-improvement in the New Year—one small step at a time.

- Drink MORE water
- Move more, sit less!
- Explore and travel more
- Volunteer more
- Send more handwritten letters
- Call mom/siblings/grandparents more
- Pick a time to wake-up and stick to it
- Live simply, only buy what is needed
- Prioritize breakfast (most important meal)
- Turn on music instead of television
- Remember your goals and the big picture
- Try something new
- Floss your teeth daily
- Quit one bad habit
- Go to bed on time
- Take time for self-care
- Clean out your email inbox
- Take a full day off social media once a month
- Slow down while eating & savor each bite
- Clean out your closet
- Try Meatless Mondays
- Put your phone away one hour before bed
- Try a fitness class
- Learn a new language
- Do a little act of kindness daily
- Keep a notepad next to your bed for ideas that come to you at night
- Start your morning with a stretching routine
- Find a workout buddy
- Keep a jar of things you are grateful for during the year
- Double the time you spend outside
- Always use sunscreen, even when it's cloudy
- Keep a bag of essential supplies in your car
- Deep clean your keyboard
- Organize your photographs
- Delete apps on your phone that you don't use

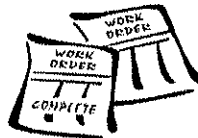


Phone Number Change

If your phone number has changed, please update your number with the housing office.



Please keep your front and back porches clean. You can have outdoor furniture on your porch, but not indoor furniture such as recliners, sofas, mattresses, entertainment centers, etc.



If you call in a work order after 12:00 pm on a Friday, it may not get done until Monday and there may be a charge. Please do not wait until the last minute to call in work orders.



NATIONAL HUGGING DAY JANUARY 21ST

What a great day! This is an opportunity to give and to receive. Give a hug, and you automatically receive one in return. Sure, someone might not hug back. But, how often does that happen!?! Hugs are loving and therapeutic. Hugs are caring. Hugs are celebratory. Hugs make you feel good inside. A hug is a way to say everything is, or will be okay. Have you ever received a hug from someone who didn't care? I didn't think so. That's proof positive that you're loved and cared about. Celebrate today by giving hugs to family, friends and loved ones. You'll love the warm feeling you get.



New Year's Eve Word Search

O	N	N	T	Y	R	A	U	N	A	J	I
U	H	W	H	T	R	K	X	T	H	V	D
D	L	O	T	L	R	D	N	U	M	M	K
A	R	D	H	W	E	L	B	E	W	Y	V
O	A	T	G	Q	S	W	I	N	B	U	N
M	D	N	I	R	O	B	F	H	Q	R	O
A	N	U	N	P	L	O	H	D	Y	Z	I
E	E	O	D	P	U	U	U	H	E	T	T
M	L	C	I	A	T	T	M	M	A	C	A
I	A	L	M	R	I	U	E	C	R	Y	R
T	C	J	T	T	O	N	V	K	X	H	B
C	R	K	T	Y	N	K	B	G	F	W	E
L	K	A	X	C	G	F	S	G	P	E	L
O	T	S	H	E	Y	S	K	E	Q	A	E
C	I	H	O	U	R	G	L	A	S	S	C
K	B	F	Y	Z	B	W	T	S	R	I	F

CALENDAR
CLOCK
MIDNIGHT
COUNTDOWN
RESOLUTION
PARTY

JANUARY
HOURGLASS
FIRST
YEAR
TIME
CELEBRATION

