

# Berwick Housing Authority

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# **AUGUST 2017**

Clarence Robinson, Jr., Executive Director

### **Berwick Housing Authority**

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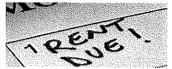
Visit our website: Berwickhousingauthority.com

### Encic Seheel Mesis

Berwick Elementary will receive free breakfast and lunch as part of the **Community Eligibility** Provision during the 2017-18 school year.

### YECCHETY. DESCONDE

Effective July 1st, 2017 security deposits will go up to \$300. This only affects new residents moving in after July 1, 2017.



Rent is due August 10th which is the 8th working day of the month. If you do not pay by the 10th a \$10 late fee will be applied. If you signed a contract, your rent is due August 15, 2017, but a late fee is still applied after the 10th. The absolute last day to pay rent is August 20th.



Berwick Housing Authority **Board of Commissioners** meeting will be held on August 22, 2017 at 4:00 pm in the conference room of the Berwick Housing Authority.

Open House at Berwick Elementary School for kindergarten to 5th grade is Thursday, August 3rd at 6 PM. Doors open at 5:30 PM. Students invited to attend and may bring supplies.



A Smoke-Free Housing sticker has been placed on your screen door. Do NOT remove the sticker as per federal policy.





## School Uniforms

St. Mary Outreach

August 1st-4th from 9:00 am-noon & 1:30 pm-3:00 pm

To qualify you will need:

- -Social Security cards (all members in household)
- -Proof of Income (all members in household)
- -Current Bills (Rent, utilities, cable, internet, cell phone, pay day loan, rent to own, etc.)
- -Must have custody of the child(ren)
- -Must live in East St. Mary Parish (Amelia to Patterson)

# BERWICK JUNIOR HIGH SCHOOL



August 3, 2018

### 6th Grade 8:30 am-10:30 am (parents & students)

- \*Students will be assigned lockers and given schedule
- \*There will be a short, informational assembly
- \*After assembly, students will be allowed to practice opening lockers and locate classes
- \*ID pictures will be taken

7<sup>th</sup> Grade - 10:30 am-12:00pm

8th Grade - 1:00 pm-2:30 pm

- \*7th & 8th graders will receive locker assignments and be given schedules
- \*Students will be allowed to locate and open lockers
- \*ID pictures will be taken
- \*\*ID PICTURES: School uniforms are NOT required, but students must dress appropriately.

#### BERWICK HIGH SCHOOL



AUGUST 14, 2017 AT 6:00 PM



#### TIPS TO MENTALLY PREPARE KIDS FOR BACK TO SCHOOL

#### 1. Re-establish Routine

Being successful at school means being able to get proper rest, and that might also mean sleep routines might be adjusted from the summer schedule. Web MD suggests using the last few weeks of summer to get into a "school day rhythm". That means your child should get up in time for school, even though the school year hasn't started yet. You can also get them into the habit of eating a proper breakfast. Make lunchtime at home match the time they'll be munching lunch between classes.

### 2. Have their Supplies Ready

Ever had a dream where you go to class and everyone has a pencil for that big test except you? One of the worries of children heading into school is the supplies they'll need.

#### 3. Get a Head Start in Studying

Perhaps your child had a difficult time mastering math last school season; this is a good chance for them to tackle some of the more difficult aspects of learning that they might be afraid of. Giving them a little push can help them feel more confident in their abilities, which may result in better grades.

#### 4. Master the Basics

If your little one is heading off to kindergarten, then there are some basic abilities they should have that you can help with. While each child will adjust to school at their own pace, you can have them practice introducing themselves, which will undoubtedly be a requirement in the early days of school. You can also help your child's attention span by reading to them as much as possible throughout the day, not just before bedtime. Try some crafts together to help foster creativity in the classroom, and arrange "play dates" with other young children to help socialize your little one before entering a school atmosphere.

### 5. Cut Screen Time

School settings don't involve children staring at smartphones and televisions all day. Screens can be addictive and distracting, so it's a good idea to start adjusting your child's viewing habits before the academic year.

#### 6. Talk to your Children

Your child may not have voiced any opinion about how they feel about going back to school, but that doesn't mean they aren't thinking about it. Ask them point blank about whether they have anything their excited about in the coming year, and keep it positive. You should open dialogue that also allows your child to express concerns. Having this conversation before the year begins will give you a chance to dispel any myths, or help you both develop a plan to manage stress and anxiety.



# YOUTH GOSPEL Qxplosion

Gospel Youth Explosion hosted by Morning Glory Ministries at 11 am Saturday, August 5<sup>th</sup> at Siracusa Recreation Building. Guest speaker India Bennett. School supplies, prizes, backpacks, and food given. For info call 985-253-0926 or 985-255-6145.



Morgan City Housing
Authority will be
accepting applications
for public housing on
August 10<sup>th</sup> & 17<sup>th</sup>. You
must have birth
certificates and social
security cards for all
members of the
household, picture ID
for all members over 18
and current proof of
income.

# Health & Wellness



AUGUST 17, 2017 10:00 AM-12:00 PM

Sponsored by Teche
Action Clinic

Located in the Berwick Housing Authority Resident Center



Very ambitious. Brave and daring. Devoted lover. Sensitive nature. You get jealous easily. You also get mad easily. You are proud of your achievements. Attention seeker. Very generous. Easy going. Strong character. Born to be successful. Observant. Creative mind. Caring and loving. Faithful friend.



The chocolate chip cookie was invented by Ruth Graves Wakefield from Massachusetts, in 1938. Her husband ran the Toll House Inn, resulting in her cookies being called "Toll House" cookies. Nestle's bought the rights to the name, and rest is history.

**DID YOU KNOW:** Americans eat on average 18,928 cookies (all kinds) in their lifetimes.